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Cheyenne & Arapaho
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Cheyenne and Arapaho tribal member receives the Native Youth Leadership award

By Rosemary Stephens, Editor-in-Chief

Photo by Rosemary Stephens

Cheyenne and Arapaho tribal member, Edwina Plenty Bears receives the Native Youth Leadership Award during the Native American Celebration at the Oklahoma State Capitol in Oklahoma City.
From l-r: Star Yellowfish, Oklahoma City Public School Native American Student Services, Edwina Plenty Bears and Coach Katie Bass, U.S. Grant High School.

Representatives from Oklahoma's 39 tribes gathered in the Oklahoma State Capitol's rotunda to celebrate the 13th annual Native American Heritage celebration.

On March 1, 1998 Oklahoma House Bill 2822 was signed into law that proclaimed, in part, *that the third Monday of November, of each year, is designated as Oklahoma Native American Day in Oklahoma*. Thus, on Monday, Nov. 15, 2010 Howard Hendrick, Oklahoma Department of Human Services (DHS), director, introduced dignitaries and tribal leaders.

"It is an honor to stand here to introduce our tribal leaders and to be a part of this great celebration," Hendrick said.

Several awards were presented that included the essay contest award, Oklahoma State award, Oklahoma Spirit award and the Native Youth Leadership award.

Edwina Plenty Bears, Cheyenne and Arapaho tribal member was presented with the Native Youth Leadership award. Plenty Bears' basketball coach, Katie Bass, was asked to present her with the award.

"Edwina is the kind of player a coach wishes all her players could be like, and the kind of student a teacher wishes more students could be," Bass said through her tears. "She is always striving to be better and always ready to do whatever is asked of her both on or off the court."

Plenty Bears is an 11th grader at U.S. Grant High School in Oklahoma City. She is a point guard for the high school basketball team and maintains a 3.75 GPA. Her mother is Olive Plenty Bears. She is the granddaughter of Lena Meat Deere and the late Hannibal Blender Plenty Bears, Jr. and the great-granddaughter of Lester Meat and Francis Haag Meat.

"I would like to thank God for all He has done for me, without Him none of this would be possible. Also my mom, who has always supported me in everything I do … she has sacrificed so much for me and my siblings," Plenty Bears said. "Coach Bass, who has been a role model and a very important part of my life has influenced me in so many positive ways. I also would like to thank the Native American Heritage celebration committee for choosing me to win the Native Youth Leadership award."

Plenty Bears said that family is the essence of every child and is formed by those who surround him or her.

"I have been blessed to have such a wonderful family, they have always been supportive, loving and have instilled in me the pride of being Native American," Plenty Bears said.

She said she knows that in the future she will open doors for others as the people in her life that have opened doors for her.

"Receiving this award is such a honor and it is with pride that I accept this award. I know I can achieve anything I set my mind to and so can every young Native American student," Plenty Bears said.

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Member Oklahoma Press Association
Member Native American Journalist Association
"2010 Native American Journalist Assocation Award Winner"

Photo by Rebecka Lyman

The Cheyenne and Arapaho tribes' honor veterans on Tuesday, Nov. 10, 2010 in Concho, Okla.

Breakfast was served at Lucky Star Casino followed by a ceremony with a gun salute and playing of taps at the Memorial Wall at the main Tribal complex.

A veteran's memorial walk from the Memorial Wall to the Concho Community Building and a full day of activities.

*See **Veteran's photo collage**, page 9*

Winter Art Sale

By Rebecka Lyman Reporter/Ad Sales

On Nov.18, 2010 The Small Works, Great Wonders Winter Art sale was held at the National Cowboy and Western Heritage Museum in Oklahoma City, Okla. Cheyenne and Arapaho tribal member, Merlin LittleThunder was one of the featured artists.

"This art show is one of the best in the nation," LittleThunder said.

LittleThunder is one of the co-founding coordinators of the event. Cynthia Post with the National Cowboy and Western Heritage Museum approached LittleThunder five years ago to help put the event together due to his success with the Winter Camp Art show.

The evening was an opportunity for artist to sell their art pieces and for buyers to purchase western art collections. The event is designed for both new and experienced art collectors. Specially invited artist LittleThunder displayed his art and sold three of his paintings. Known for his detailed miniature paintings that speak Native American history and heritage that creates a story about each painting.

After the first acrylic painting *Crane Women* had been purchased by Elise Kilpatrick and Gary Kuck, Lance and Linda Benham strolled towards LittleThunder. Both couples are proud collectors of LittleThunder's artwork.

"We already have three pieces of your art hanging in our office," Mrs. Benham said to LittleThunder in hopes of purchasing one of his pieces.

"I would like to buy these two paintings," Mr. Benham said.

The Benham's were pleased to acquire the miniature acrylic painting named *Baby Names* and the acrylic painting *Cradle in the Minnie Ha Ha*.

Photo by Rebecka Lyman

Merlin LittleThunder display his three acrylic paintings at the National Cowboy Hall of Fame in Oklahoma City.

The one night social event sale was wall to wall with 232 pieces of fine western art with an emphasis on winter themes. The three pieces of LittleThunder's acrylic paintings were sold within the first hour of the event.

"The secret is to do new work, the patrons follow you and usually at the last show they attend they have already seen it," LittleThunder said.

Art pieces remain available for purchase from the 2010 Small Works, Great Wonders Winter Art sale through Dec. 5, 2010. Also, the Small Works catalog is available for viewing on the museum's Website, www.nationalcowboymuseum.org.

For more information on making an art purchase contact the museum store at (405) 478-2250, ext. 228.

A Letter from the desk of the Governor

Photo by Rosemary Stephens

Cheyenne and Arapaho Tribes' Governor Janice Boswell

As most of our citizens are aware, our Tribes have been in a state of turmoil for years. This was most evident under the administration of Darrell Flyingman and the many attempts by our people to remove him from office for poor conduct and not putting the needs of our people first. I believe it is well past time to provide our citizens with a well- functioning government where accountability and transparency are the rule rather than the exception, where the "good ole boy" system no longer rules our Tribes but rather ethics and good standards of conduct take the lead, and where our citizens' voices are heard and the work of our government centers on addressing the needs of our people.

It is unfortunate that, once again, the desires of a few are attempting to overpower the needs of the many in our Tribes. Some elected officials are more interested in pursuing their own agendas and the agenda of the former Governor than they are in following the Constitution that was approved by the majority of our people, and the laws of the Cheyenne and Arapaho Tribes.

Since I was elected Governor of the Cheyenne and Arapaho Tribes, the Third Legislature has been working diligently to take over all branches of the government. The strategies being used to stop our government from functioning for the benefit of our Cheyenne and Arapaho people have run the gamut, ranging from bringing impeachment proceedings against me, to passing bills that violate our Constitution, to filing countless frivolous lawsuits against me and many of our Executive Branch employees. The tribal dollars spent on the lawsuits by both sides have drained funds that would otherwise go to improving tribally funded programs. Some of these programs include the various crisis assistance programs that aid our citizens in need of help to pay heating bills during the winter months as well as provide assistance to our elders who live on limited fixed incomes. These lawsuits also take innumerable employee hours away from our programs that are in need of improvement as employees are forced to defend themselves and their programs rather than focusing on the performance of their everyday duties.

The people have spoken and as officials elected to serve you, our Cheyenne and Arapaho people, we must honor that voice. It has been my honor to serve you this far and it will be my honor to continue to serve you. I am listening to your voice and will continue to do my best to honor the task that you have bestowed on me and to serve the people that I love the most.

The former Governor, however, does not seem to care as much about the Cheyenne and Arapaho people as he does his own hunger for power and control. Using his friends in the Legislature, he is attempting to cripple the current administration by preventing us from serving the Cheyenne and Arapaho people to the best of our ability. The attempt to stop the Executive Directors of the Departments of Health, Social Services, and Treasury could literally stop the government from functioning altogether, as well as put our children and elders at risk of incurring immediate and irreparable harm with no one to protect their interests when they are in need.

Without an Executive Director of Health in place, we are putting at risk <u>all</u> of our Cheyenne and Arapaho citizens who are in need of healthcare, especially those without any kind of insurance. Without an Executive Director of Social Services in place, we put at risk all of the Cheyenne and Arapaho children who are in the custody of foster care or are at risk of entering that system. We risk harming those children who may be homeless, neglected and/or abused. We also risk harming those elders who are in need of adult protective services. We need a Director to ensure that our Tribes protect those of us who are most vulnerable and unable to protect themselves. And, finally, without a Treasurer, we are risking <u>all</u> of our programs that serve our people as well as our employees, most of whom are tribal citizens, and their families, as we will be unable to even issue paychecks.

Not only are the tactics being used unacceptable, the risk the Legislature is putting on our people is unacceptable. I promise you that I will do everything legally within my power to protect our Tribes and, by extension, for our people. I will not go down that path of backroom deals and underhanded tactics to ensure that a few of our people benefit while the rest suffer.

Most recently, Speaker Kodaseet used fear tactics against you, the Cheyenne and Arapaho citizens, by misrepresenting facts regarding your per capita distributions. The information you need is all public information and may be obtained from the Treasury. Speaker Kodaseet stated that the per-cap amount had been miscalculated. This is something our Treasury does not take lightly as it impacts the income of our people who need those dollars the most. Per cap amounts are calculated and reviewed on multiple levels within the Treasury to ensure accuracy. We strive to get every dollar you are entitled to in order to care for all generations of our people. I realize these dollars are used to educate our young people, supplement the income of our elders who no longer have steady employment, pay for health care expenses not covered by tribal programs or the Indian Health Service, and a multitude of other expenses that impact the daily lives of our people. Under the Flyingman administration, some citizens were double paid which had to be corrected on this most recent per cap. One thing that was accurate in Speaker Kodaseet's letter is that the balance in the per cap amount in the Gaming Revenue Allocation Account was zero. However, the letter failed to explain why the balance was zero. The balance was zero because the funds had <u>already</u> been transferred from the Gaming Revenue Allocation Account to the per cap account. In other words, the funds had already been transferred to the account that allows your per cap checks to be issued. When money is withdrawn from one account to be put into another, the balance in the first account of course will be zero. Has the money disappeared? No. The money is where it should be and is there for you.

The reality of the situation is that those members of the Legislature under the control of our former Governor are currently attempting to pass laws that would <u>lower</u> your per cap amounts and use that money to further their own political agendas. This is not what that money was intended for and I will fight them every step of the way on this one. Not only does this violate our Constitution and the intent of the Gaming Revenue Allocation Plan, it also violates the needs and wishes of our people.

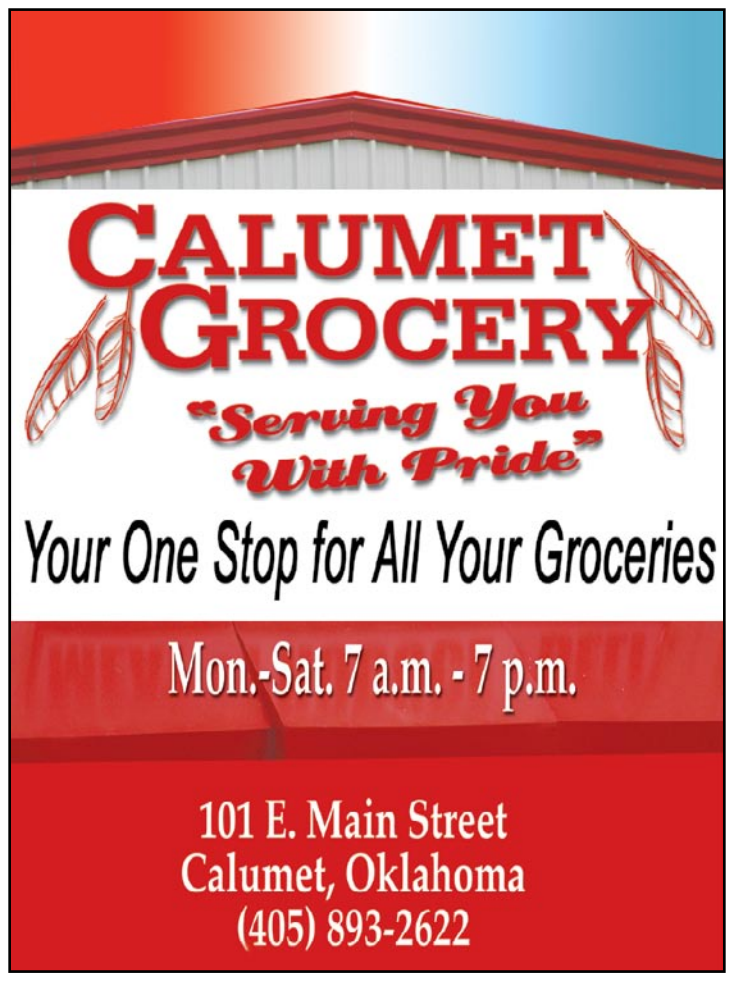
During my campaign, the Cheyenne and Arapaho people let me know that they wanted a stop put to the misspending of gaming money by our elected officials that had resulted in the filing of criminal charges and, in some cases, even federal prison sentences. It is an embarrassment to the good people of our Tribes to have such antics going on within our government. I have put processes in place to prevent such misspending only to have the Legislature introduce legislative bills on the floor to ensure that they are able to continue those practices.

Through laws pertaining to both the Tax Commission and the Gaming Commission, the current Legislature is trying to increase per machine fees of the gaming machines in our casinos. However, pursuant to the contracts in place, any such increase will have to be borne by the Tribes and, consequently, covered by our own gaming revenue. While the proposed increase may appear to be an expense of doing business, in reality, it is a loophole in the system that would allow gaming dollars to become tax dollars and therefore not subject to the rules of the Gaming Revenue Allocation Plan. This means less dollars going into your per caps and less dollars going into the services that you rely on.

After the expansion of the Lucky Star Casino in Concho, the Tribes will have approximately 3,000 machines in place. The Legislature's proposed plan to increase machine fees will <u>lower</u> the overall per cap amount by $675,000 and your individual per cap amount by nearly $100. This is not what I want. This is not what my administration stands for. And in this time of national economic crisis, this is not what our people deserve.

Not only are those elected officials under the control of our former Governor trying to control the Executive Branch of your government, they are also trying to control the Judicial Branch which is just as dangerous to you, our citizens. In accordance with the requirements of our Tribes' Constitution, I have nominated Justices to the Cheyenne and Arapaho Supreme Court. In accordance with the Constitution, these nominees were subsequently default confirmed. However, members of the Legislature, as well as former Justices and a sitting Trial Court Judge, controlled by former Governor Flyingman have chosen to ignore those proper and legal appointments and have attempted to take our Judicial Branch hostage. These former Justices and sitting Trial Court Judge have threatened to strip me of my Executive Branch powers -- powers which were bestowed upon me by our Constitution and by the Cheyenne and Arapaho people. They are also throwing away portions of our sovereignty as a Native Nation by deciding to hold court in Norman at the University of Oklahoma Bell Courtroom, rather than in the Cheyenne and Arapaho Tribal Court building, which is readily accessible to our Tribal citizens.

I respectfully request all Branches of government, including the Legislature, to work together instead of against one another. It is a waste of time, energy and money, which are all things we can't afford to lose. I ask the Cheyenne and Arapaho people for your support so I can continue the good work of my administration and our employees. We still have so much work to do in improving our government and programs so that they may better serve you. We will endure. This is my promise to you, my Cheyenne and Arapaho people.



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New tribal council coordinator elected

By Rosemary Stephens, Editor-in-Chief

On Saturday, Nov. 13, 2010, the Cheyenne and Arapaho tribes' assembled for the previously adjourned Tribal Council meeting at the Concho Community building in Concho, Okla.

The annual Tribal Council meeting is held annually on the first Saturday in October.

At the Oct. 2, 2010 Tribal Council meeting a vote was taken to adjourn the meeting and continue it on Nov. 13, 2010 to address the remaining eight resolutions.

The original ten resolutions before the Tribal Council were, 1) Terms and Conditions of Employment for the Tribal Council Coordinator, 2) Modification Gaming Revenue Allocation Plan, 3) Resolution approving the 2010 Budget and Appropriations Act, 4) Resolutions authorizing the Repeal of the Previous Resolution concerning the Term of the Tribal Council Coordinator and the selection of the new Tribal Council Coordinator, 5) Resolution establishing the Tribes Policy of Transparency for all Tribal Revenues and Expenditures, 6) Resolution authorizing a Contract for a Special Prosecutor, 7) Policy on Special Tribal Council Meetings, 8) Policy Setting the salaries of all Elected Officials of the C&A Tribes, 9) Constitutional Amendment to Article VIII-Judicial Branch, Section 2 and Section 4(D) and 10) Constitutional Amendment to Article V Section 5(A) Office of the Tribal Council.

Resolutions number two and three were acted upon at the Oct. 2, 2010 meeting.

After establishing the mandatory 75 quorum, acting Tribal Council coordinator, Melvin Whitebird, called the meeting to order. Bobbie Hamilton remained the secretary.

"As of Oct. 2nd, Rachel Lynn's elected position as tribal council coordinator ended and we need to elect a new tribal council coordinator," Whitebird said.

Candidates for the tribal council coordinator were Lynn, Malaina Tall Bear, Mary Youngbull, Lisa Martin, Ramona Tall Bear, Whitebird (withdrawn) and Ida Hoffman (withdrawn). The term for the tribal council coordinator is for two years, ending on Oct. 2, 2012.

After a vote, Martin was elected as the new tribal council coordinator with a majority vote of 53.

Photo by Rosemary Stephens

Lisa Martin

"I want to thank all of you that voted for me and that came out to participate in our tribal council meeting. I am honored to be elected and I want you all to know that it's going to take all of us to move forward and I will need your help," Martin said.

The Nov. 13, 2010 meeting was adjourned and with a majority vote continued until 10 a.m., Saturday, Dec. 18, 2010 to address the remaining six resolutions.

The Cheyenne and Arapaho tribes' new Tribal Transit System provided transportation to the Tribal Council meeting and will be providing transportation to the Dec. 18, 2010 meeting.

For more information contact Martin at (405) 422-7430.

Photo by Rosemary Stephens

Nick Ramirez gives Marc Stagg a straight razor shave at Nick's Barber Shop in El Reno, Okla.

Straight razor shaves, a lost art

By Rosemary Stephens, Editor-in-Chief

Before the invention of safety razors with replaceable blades, the straight razor shave was the common practice for shaving.

In today's world, it is a lost art, rarely performed by barbers.

On Saturday, Nov. 20, 2010 Nick Ramirez of Nick's Barbershop in El Reno, Okla. performed his last straight razor shave.

"This is it, the last one I will ever do," Ramirez said.

Ramirez began giving straight razor shaves 60 years ago at the age of 14.

Ramirez said there is an art to straight razor shaves, but no one wants to take the time to get one anymore.

"This isn't a fast process and nowadays everyone is in such a hurry … everything's got to be fast," Ramirez said.

Ramirez opened Nick's Barber Shop in 1983. Prior to owning his own shop he worked in Union City and Okarche, Okla.

Ramirez is married to Emily Bushyhead and has five children, Victor, Freddie, Veleah, Jerrie Ramirez and Anita (Ramirez) Greenwalt, all of El Reno, Okla.

Cheyenne tribal member takes the Verizon

Submitted article

The Western Athletic Conference announced Monday that University of Nevada guard Tahnee Robinson has been named the Verizon Women's Basketball Player of the Week for the week of Nov. 8-14, 2010. It is the first career honor Robinson has received since transferring to Nevada last year.

Robinson, a senior captain from Fort Washakie, Wyo. (Sheridan College) and a northern Cheyenne tribal member, averaged 29.0 points and 8.0 rebounds in a pair of wins over the weekend. On Friday, she scored a career-high 33 points on 12-of-21 shooting in a win over Cal Poly Pomona. She was 5-of-10 from three-point range and also had two assists. On Sunday, she added a game-high 25 points with 14 in the first half against Pepperdine. Robinson set another career-high with ten rebounds and was 9-of-10 from the free throw line. For the week, she was 19-of-32 from the field (.594), 7-of-14 from three-point range (.500) and 13-of-15 from the free throw line (.867).

Others nominated included senior forward Janie Bos, Boise State, senior forward Hayley Munro, Fresno State, senior center Yinka Olorunnife, Idaho, senior forward Adrienne Johnson, Louisiana Tech, junior forward Tabytha Wampler, New Mexico State, senior guard Britney Bradley, San Jose State and sophomore guard Devyn Christensen, Utah State.

Photo by Byrne Photography

Cheyenne tribal member, Tahnee Robinson wins the Verizon Women's Basketball Player for NCAA Division 1.

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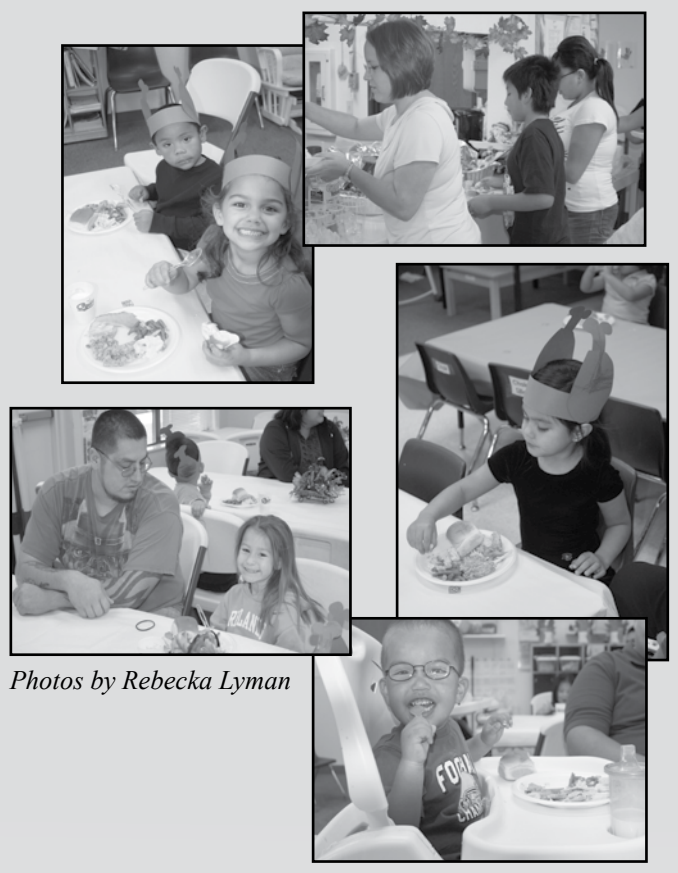
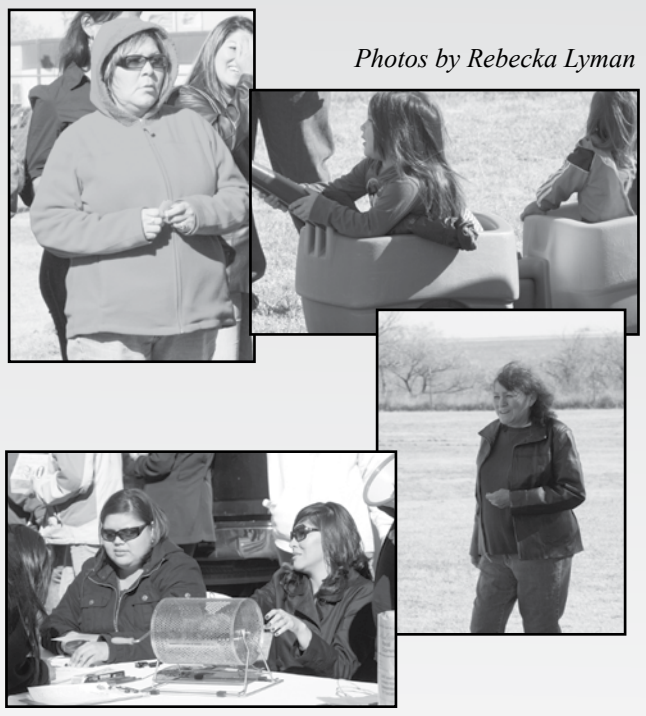
Tribal Tidbits



Photos by Rebecka Lyman

Smiles were upon the children's face as their families started to gather and find their seat with their little one for the Thanksgiving's feast that the Cheyenne and Arapaho Child Development Center put together on Nov. 22, 2010.



Photos by Rebecka Lyman

Cheyenne and Arapaho Respect Program held their fifth annual Turkey Trot on Nov. 23, 2010.

All tribal employees and members were welcomed to attend and walk two miles on the trails. The Concho Child Development Center participated along with many other tribal members and employees. After the two mile walk everyone gathered to listen for their winner ticket to be drawn for a door prize of either a turkey, ham or a Thanksgiving dinner.

The 2010 Nutcracker

Submitted article

Courtesy photo

Cristina "Cricket" Yellowman

Cristina "Cricket" Yellowman of El Reno, Okla. and a member of the Cheyenne and Arapaho Tribes will be performing in this year's Nutcracker production in four scenes. The Party scene, Snow, Chinese and Flower scenes.

Celebrate the holidays with Central Oklahoma Ballet's 17th production of The Nutcracker. It promises to be an enchanting evening (and afternoon) for both young and old. What a wonderful way to begin the holiday season!

Performances are at 8 p.m., Saturday Dec. 4, 2010 and at 2 p.m., Sunday Dec. 5, 2010 at the Yukon Fine Arts Auditorium located at 850 Yukon Avenue, Yukon, OK (near the Yukon High School on Garth Brooks Blvd.

Tickets are $12 in advance and $15 at the door. Advance tickets are available at the following locations, all Yukon National Bank locations, Midifirst Bank inside the Yukon Wal-Mart or online at www.centralokballet.org. For more information call (405) 354-1743.

Eating well for Diabetes

By Lyndsay Seawright, MA, C&A
C&A Diabetes Wellness Program

Keep Warm as the Air Gets Chilly

As the seasons change and the temperature moves toward winter, more and more of us will be stocking up on cold weather staples at the grocery store. However, while you are cranking your heaters on this season, I challenge you NOT to purchase canned soups to keep warm, but rather make your own at home. Canned varieties often contain more sodium than anyone should have in one day, let alone one meal. Yes, there are low-sodium options available, but these tend to be lacking in flavor. With this in mind, here is a delicious winter recipe that is full of flavor but not full of salt.

Potato Soup

4 medium sized potatoes, peeled and cubed
1 medium onion, chopped
1 large carrot, peeled and chopped
2 cloves garlic, minced
2 tbsp olive oil
1 quart low sodium chicken broth
½ tbsp seasoned salt
Rosemary, thyme, pepper to taste
2 C 1% milk
1 C low fat sharp cheddar cheese

Heat olive oil in a stock pot and sauté onion and carrot. Once tender, add garlic and continue cooking for 1 minute.

Add all other ingredients to the pot EXCEPT MILK AND CHEESE. Allow to come to a simmer, cover and let cook for 20 minutes (or until potatoes are tender).

Mash potatoes with a potato masher until desired consistency, add milk and cheese and heat through. Enjoy!

Delicious, homemade soup recipes like this can be found on various websites such as:

www.allrecipes.com
www.cookinglight.com
www.foodnetwork.com
www.recipefinder.com

For any questions or concerns regarding nutrition, weight management or diabetes please contact the Cheyenne and Arapaho Diabetes Wellness program at (405) 422-7688.

Obama administration announces second Tribal Nations Summit during 67th annual convention

Summit Set for Dec. 16, 2010 in Washington, D.C.

Albuquerque, New Mexico - The Obama Administration announced this week that President Barack Obama will host a second Tribal Nations Summit in Washington, D.C. this December. The announcement, made by the White House's Kimberly Teehee, Senior Policy Advisor for Native American Affairs, was delivered at the National Congress of American Indians' (NCAI) 67th Annual Convention, the nation's largest gathering of tribal leaders, governments, and communities.

"With the announcement of the second Tribal Nations Summit today, the Obama Administration reaffirmed that tribal governments are equal members in the family of American governments," said Jefferson Keel, President of NCAI, the oldest, largest, and most representative American Indian and Alaska Native organization in the country. "The federal trust relationship between the U.S. government and tribal nations is a non-partisan relationship. Our meetings with the executive branch have a long term focus of creating healthier and stronger tribal nations, to strengthen the entire nation."

Since President Obama's first Tribal Nations Summit in November of 2009, the federal government has increased the number and scope of tribal consultations, passed the Tribal Law and Order Act with bipartisan support, and made permanent the Indian Health Care Improvement Act.

Scheduled for Thursday, Dec. 16, 2010, President Obama will host the White House Tribal Nations Summit. The Summit will include leaders from the 565 federally recognized tribes and give them an opportunity to interact directly with the President and representatives from the highest levels of his Administration. Each federally recognized tribe will be invited to send one representative to the summit.

ACT test dates

An ACT test score is required for college or university admission. The next national ACT test date the education department can assist with is the February 12, 2011 test. Cheyenne and Arapaho tribal students may request payment from the Gaming-Higher Education Program by sending the following documents to our office by the listed dates:

A CDIB (not a copy of your tribal i.d. card), you may contact our tribal enrollment office at 405-422-7600 and ask them to send us the one-page CDIB.

Your completed ACT application with signature and date, in the original ACT envelope, with the front and back of envelope completed, and not sealed. Mail your packet to Wanda Whiteman, PO Box 38, Concho, Okla. 73022.

Attach a completed gaming application (the form can be copied from our website www.c-a-tribes.org/education).

TEST DATE REGISTRATION DATE MAIL PACKET TO US BY:

Feb. 12, 2011 and Jan. 7, 2011
BEFORE CHRISTMAS BREAK
April 9, 2011 and March 4, 2011
By or on Feb. 18, 2011
June 11, 2011 and May 6, 2011
By or on April 22, 2011

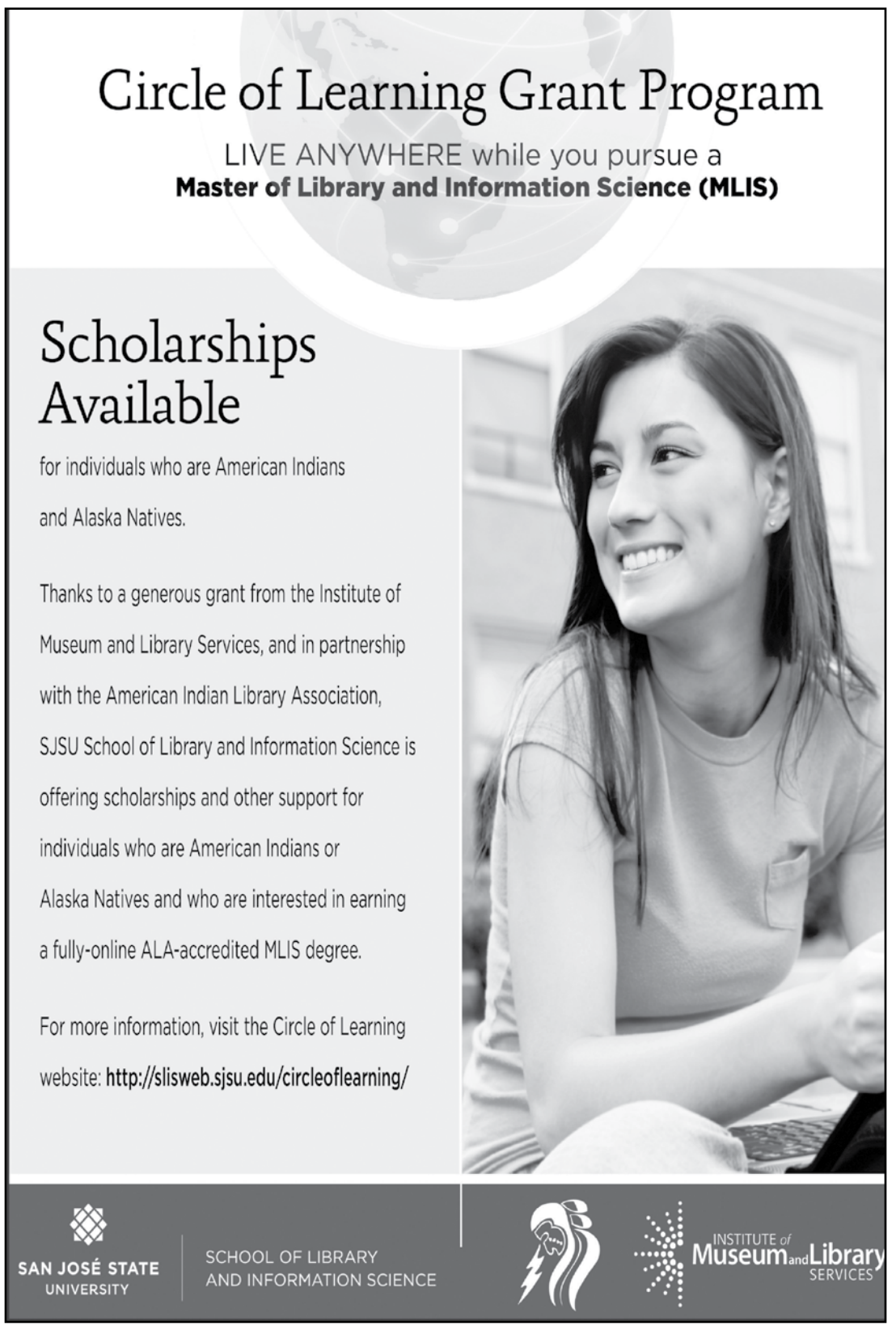
Students may contact their high school counselors to see if they are eligible for a fee waiver. Johnson-O'Malley may be able to pay for one test. The Cheyenne and Arapaho tribes' Gaming Higher Education Program can pay for one test per year. We do not pay late registration fees.

The registration date is the day the check is to be inserted into the application packet and put in the mail. We need your entire packet mailed to us and allow us approximately two to three weeks before then to request a check and have it ready to mail by the registration date.

Juniors and seniors can take the test three to four times before graduation and as many times as they want, until they feel comfortable with their score. That's why it is important to apply through other sources for payment since we can pay for only one test per year through our gaming higher education program.

Students must mail or bring the actual ACT packet to our office. Our office is located at 1621 D East Hwy 66, El Reno, OK. The ACT application must be complete on front and back, signed and dated. The envelope must be completed front and back. We do not have resources to pay online tests.

ACT tests are given on Saturdays. You must be on time and have a picture ID with you. Boarding school students are asked to remain at school that Saturday as the school will take them to the test site. Get a good nights rest the night before and eat a good breakfast. Free practice tests are available on ACT website. Contact wwhiteman@c-a-tribes.org for more information.


Circle of Learning Grant Program
LIVE ANYWHERE while you pursue a
Master of Library and Information Science (MLIS)
Scholarships Available
for individuals who are American Indians and Alaska Natives.
Thanks to a generous grant from the Institute of Museum and Library Services, and in partnership with the American Indian Library Association, SJSU School of Library and Information Science is offering scholarships and other support for individuals who are American Indians or Alaska Natives and who are interested in earning a fully-online ALA-accredited MLIS degree.
For more information, visit the Circle of Learning website: http://slisweb.sjsu.edu/circleoflearning/
SAN JOSÉ STATE UNIVERSITY
SCHOOL OF LIBRARY AND INFORMATION SCIENCE
INSTITUTE of Museum and Library SERVICES

A day for elders

By Rebecka Lyman Reporter/Ad Sales

Photos by Rebecka Lyman

Ester Wilson leads the group in the Macarena dance at the eighth annual Elders Conference.

Friends gather laughing and sharing stories.

On Friday, Nov. 19, 2010 the Cheyenne and Arapaho tribes' diabetes wellness program hosted their eighth annual elders conference at the Community building in Concho, Okla.

Tables of different vendors were in place to distribute information to the elders about how to live healthier lives, living wills, trusts and benefits for Veterans.

"I am here to answer any questions any Veteran may have," Rhonda Taylor, Veteran's Administration (VA) representative said. "I already had a lady looking for information for her husband that has diabetes and is a veteran from the Vietnam War … she is going to come into the office and see me."

Scheduled guest speakers covered topics of diabetic eye disease, whooping cough, injury prevention, Medicare and Medicaid.

"The conference is to educate our elders about diabetes and to provide information about a healthier way of living," Anthony Carrera, Cheyenne and Arapaho tribes' diabetes wellness fitness coordinator said.

The El Reno Indian Health Service (HIS) gave free blood sugar testing, checked blood pressure and administered free flu shots.

"We work with a lot of the Cheyenne and Arapaho tribes' departments like the CHR program. Recently we were at the breast cancer walk giving flu shots there," Andrea Niki Baker, El Reno HIS nurse said.

Ester Wilson, Cheyenne and Arapaho tribes diabetes wellness fitness assistant, cranked up the radio and gathered elders to dance the Macarena.

"The main purpose of the elders conferences is to bring programs and awareness to our elders," Chris Tall Bear, Cheyenne and Arapaho tribes' diabetes wellness director said. "It is also an opportunity for the elders to visit with friends they haven't seen in awhile."

Lunch was provided and raffles were held.

"I love it (elders conference), I like visiting with the people that I haven't seen in a long time," Ahinawake Nibbs, Cheyenne and Arapaho tribal elder said.

Harvey Monetathchi gets in on the Macarena dance.

For more information about the Diabetes Wellness program contact Tall Bear at (405) 422-7679.

Request for Cheyenne and Arapaho traditional Chief attendance

The Cheyenne and Arapaho tribes' planning and development office is in the process of preparing a master plan for a justice center for tribes. This is being accomplished by the Justice Center Advisory Board with the assistance of a planning grant from the U.S. Department of Justice.

Through the planning process, the advisory board wants to request input from the traditional Chiefs of the Cheyenne and Arapaho tribes. Do the Chiefs wish to participate by having a room, space or teepee on the site? Would the traditional Chiefs like to see tribal law incorporated into our justice system?

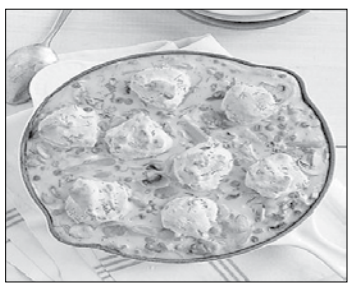
We have scheduled a meeting in at 10 a.m. on December 11, 2010 at the Native American Church building in Concho, Okla. to discuss if the traditional Chiefs want to be a part of the tribal justice system and in what capacity. The Chiefs are invited to attend this important meeting and give their input on this matter.

So that we can prepare and accommodate everyone at the meeting, please RSVP by Dec. 6, 2010. We have included a phone number, address and email for your convenience.

Contact Rowena Yeahquo, Tribal Planner, Cheyenne and Arapaho Tribes, P.O. Box 38, Concho, OK 73022, (405) 422-7624 or email ryeahquo@c-a-tribes.org.

Meeting sponsored by the Cheyenne and Arapaho tribes' planning department and the culture and heritage program.

Creamy Chicken Casserole



Ingredients:

4 cups uncooked egg noodles
4 cups cubed cooked chicken
1 can peas, drained
1 can carrots, drained
2 cups milk
2 cans (10 ¾ oz each) condensed cream-of-celery soup undiluted
2 cans (10 ¾ oz each) condensed cream-of-chicken soup undiluted
1 cup chopped onion
2 tbsp butter, melted
½ tsp salt
½ tsp pepper

Cooking with USDA Foods

Recipes furnished by the Cheyenne & Arapaho Food Distribution Program

Cook noodles according to package directions. Meanwhile, in a large bowl, combine the remaining ingredients. Drain noodles; add to chicken mixture. Transfer to two greased 8-inch square baking dishes. Cover and freeze one casserole for up to 3 months. Cover and bake remaining casserole at 350° for 30 minutes. Uncover and bake 10-15 minutes longer or until heated through.

To use frozen casserole: Thaw in the refrigerator overnight. Remove from refrigerator 30 minutes before cooking. Cover and microwave on high for 10-12 minutes or until heated through, stirring twice.

Recipe will also work with leftover turkey.

Events CALENDAR

The 20th annual Minco Honey Festival

Saturday, Dec. 4, 2010 in downtown Minco, Okla. Free honey plant tours, arts and crafts, kids' tractor pull, antique road show and more. For more information visit www.minco-ok.com.

Community Conversation-Closing the Achievement Gaps

Dinner at 5:30 p.m., Monday Dec. 6, 2010 at the Lucas Hall building, Etta Dale School, 601 S. Choctaw, El Reno, Okla. For more information contact the Cheyenne and Arapaho tribes. Department of Education, Executive Director, Teresa Dorsett at (405) 422-7562.

Cyndi Lauper Concert

Doors open at 7 p.m., concert at 8 p.m. on Sunday, Dec. 5, 2010 at the Lucky Star Casino in Concho, Okla. Tickets are available by going to www.ticketstorm.com or by calling (866) 966-1777.

Boyz II Men Concert

Doors open at 7 p.m., concert at 8 p.m. on Thursday, Dec. 9, 2010 at the Lucky Star Casino in Concho, Okla. Tickets are available by going to www.ticketstorm.com or by calling (866) 966-1777.

NAC Women's Auxiliary Benefit Dance for Cheyenne Chapter One

Dec. 11, 2010 at the Watonga Multipurpose Center in Watonga, Okla. Gourd dancing begins at 3 p.m. Dinner served at 5 p.m. All proceeds benefit Cheyenne Chapter One's annual pilgrimage to the Gardens, February 2011.

Sammy Hagar Concert

Doors open at 7 p.m., concert at 8 p.m., Dec. 16, 2010 at the Lucky Star Casino in Concho, Okla. Tickets are available by going to www.ticketstorm.com or by calling (866) 966-1777.

CONTEST FOR ALL CHEYENNE AND ARAPAHO TRIBAL YOUTH

The Cheyenne and Arapaho Tribal Transit (CATT) is conducting two contests. We are asking you to create a LOGO and/or SLOGAN which will be displayed on all CATT vehicles.

*Contestants must be in the 12th grade or under-verified

*Must be an enrolled member with the C&A tribes.

*Three iudeas allowed per entry for SLOGAN

*All art must be from contestants only

*All entries must be originals. DO NOT enter material protected by copyright laws.

*Winning entries will allow CATT to use logo and slogan for uses and purposes within the CATT program. (May be modified, reproduced and without expiration for future use.)

*The C&A tribes are not responsible for loss or damages to any entries received.

*No violent themes.

*One entry form per contestant for slogan and one entry form per contestant for logo.

*Contestants may enter both logo and slogan contests.

*Do not place signatures on artwork. All names will be displayed separately on vehicles.

DEADLINE: Postmarked by 5 p.m. CST, Dec. 17, 2010

Slogan-1st-$75 prize money & $25 transit pass, 2nd-$50 prize money & $20 transit pass

Logo-1st-Artist Drawing table & Sketch Set ($260. value), $100 prize money & $25 transit pass, 2nd-$75 prize money & $20 transit pass, 3rd-$50 prize money & $10 transit pass.

ENTRY FORMS available at www.c-a-tribes.org, or email wtapaha@c-a-tribes.org, mjohnson@c-a-tries.org or by calling (405) 422-7713.

BRIEFS

Falmouth Institute's National Indian Board Members Conference

Dec. 6-8, 2010 at the Hard Rock Hotel and Casino in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Protecting Confidential Tribal Records

Dec. 8-9, 2010 at the Hard Rock Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Basic Budgeting for Tribal Organizations

Dec. 9-10, 2010 at the Hard Rock Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 12th annual Indian Nations Conference

Dec. 9-10, 2010 at the Gua Caliente Reservation in Palm Springs, Calif. For more information or to register visit www.nativelegalupdate.com.

Tribal Elections-Ordinances and Procedures

Dec. 9-10, 2010 in Sacramento, Calif. For more information visit www.dciamerica.com.

Casino Accounting and Auditing for Indian Gaming Organizations

Dec. 9-10, 2010 at the Hard Rock Hotel in Las Vegas, Nev. For information or to register visit www.falmouthinstitute.com.

Care and Management of Cultural Items for Tribal Museums and Individuals

Dec. 9-10, 2010 at the Hard Rock Hotel in Las Vegas, Nev. To register visit www.falmouthinstitute.com.

The 27th annual Head Start Parent Conference

Dec. 10-14, 2010 in Virginia Beach, VA. For more information or to register visit www.nhsa.org.

The second Tribal Nations Summit

Dec. 16, 2010 in Washington, D.C. Hosted by President Obama. For more information visit www.ncai.org.

The 125th annual meeting of the American Historical Association

Jan. 6-9, 2011 in Boston, Mass. For more information or to register visit www. firstpeoplesnewdirections.org.

American Indian Library Association Mid-Winter Conference

Jan. 7-11, 2011 at the San Diego Convention Center in San Diego, Calif. For more information or to register visit www.ala.org.

The first International Workshop on HIV and Women-From Adolescence through Menopause

Jan. 10-11, 2011 in Washington, D.C. For more information visit www.virology-education.com.

Basic Bookkeeping for Tribal Organizations-Federal Grants and Contracts Accounting

Jan. 18-19, 2011 at the Hard Rock Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Red Earth, Inc announces new officers to lead Board of Directors

OKLAHOMA CITY, OK-A new slate of officers will lead the Red Earth Board of Directors for the year 2011.

Members of the newly-elected Red Earth executive committee will oversee operations of the Red Earth Museum & Gallery in Oklahoma City and the additional programs of the organization including the Silver Anniversary Red Earth Native American Cultural Festival scheduled June 3-5, 2011 at the Oklahoma City's Cox Convention Center.

G. Calvin Sharpe, an attorney with Phillips Murrah PC Attorneys at Law, will serve a two-year term as President of the Board of Directors. Sharpe is a member of the Seminole Nation of Oklahoma and is a graduate of the University of Oklahoma College of Law, past chairman of the Oklahoma County Bar Association, graduate of Leadership Oklahoma City Class XXIV, and a member of the Board of Directors for Infant Crisis Services.

Civic and community leader Lou C. Kerr will serve as Chairman of the Red Earth Board of Directors. She is a founder of the Red Earth Festival and is recipient of the 2005 Red Earth Ambassador of the Year Award. As an active leader in the community and state, she has committed her time and expertise to numerous organizations which correspond with her beliefs and expectations. She served as vice president of The Kerr Foundation since 1985. In 1999, she became president of The Kerr Foundation and in 2004 her title became president and chair.

Janet Dyke, a resident of Tuttle, Okla. will serve a two-year term as President elect. She is the associate director of AT&T Business Solutions Project Management office and has worked in the communications industry for 30 years. She is a past president of the board for Big Brothers Big Sisters and has served on the Redlands Council of the Girl Scouts.

John H. Jameson, DDS, a resident of Davis, Okla. will serve as Treasurer of the Board of Directors. He writes for numerous dental publications and travels the world lecturing on leadership and technology's integration into dental practices. He is a graduate of Oklahoma State University, has served as chairman of the Alumni Advisory Council for Creighton University School of Dentistry and is recipient of the Thomas Jefferson Award for Citizenship from the Oklahoma Dental Association.

Leslie Blair, a native of Frederick, Okla., is elected Secretary of the Organization. She is currently Public Information Officer for the Oklahoma tourism and Recreation Department and previously served in the same capacity at the Oklahoma Department of Commerce. She received her bachelor's degree in communications from Cameron University and currently serves on the board of the Directors for the Oklahoma County 4-H Foundation. She is a member of the Friends of Hackberry Flatt and the Junior League of Oklahoma City. Jonna K. Kirschner, Deputy Director and General Counsel for the Oklahoma Department of Commerce, is Immediate Past-President of the Red Earth Board of Directors. She graduated cum laude from both Dartmouth College and Boston College Law School where she earned her Juris Doctorate degree. She has been honored by The Journal Record as one of "50 Making a Difference," is a sustaining member of the Junior League of Oklahoma City, and a member of the Early American Glass Club. She has served as a member of the Board of Directors of St. Luke's Children's Center, Girl Scouts Redlands Council, Oscar Jacobson Foundation and the Oklahoma City Chapter of the Women Presidents Organization. She and her husband, Bruce Scambler, have two sons.

Douglas R. Cummings, Chairman of Cummings Oil Company, Inc is named Member-at-large. He has been an officer or director of numerous civic and business organizations and non-profit associations including the Oklahoma Health Center Foundation and the University of Oklahoma Sarkeys Energy Center.

Area business, education and community leaders Deborah Downing Goodman Ph.D., Anne Kueteman, Margaret Knight and John Murray are elected to three-year terms on the Red Earth Board of Directors.

Goodman, a member of the Caddo Nation of Oklahoma, received a Ph.D. from the University of Oklahoma's Department of Educational Leadership and Policy Studies. She is a published Adjunct Assistant Professor of Human Relations at the University of Oklahoma.

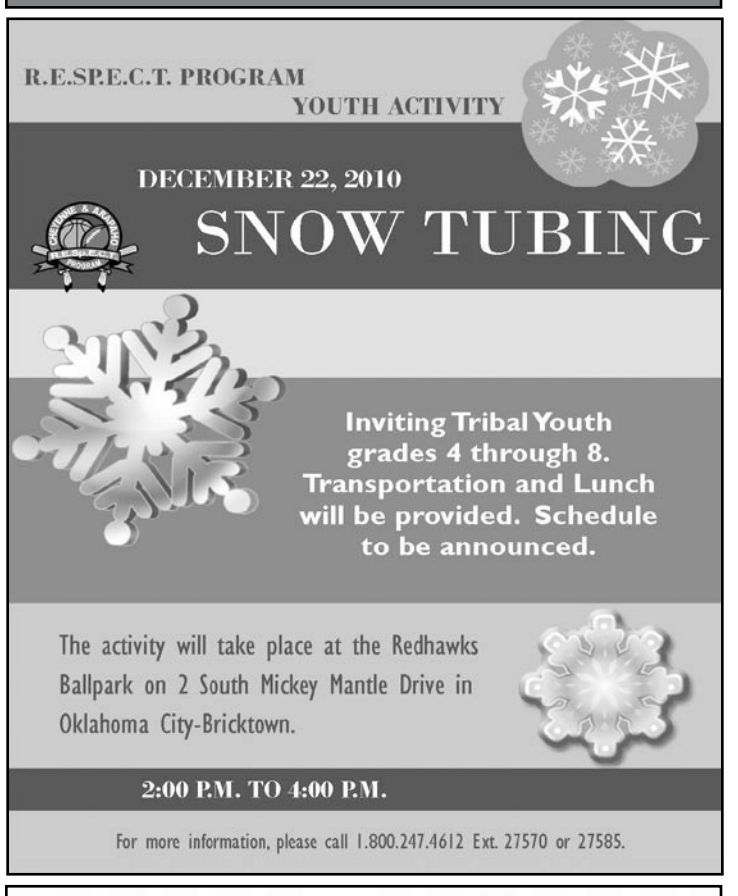
Kueteman is the Cathedral Ministries Coordinator for St Paul's Episcopal Cathedral in Oklahoma City. She and her husband own The KuetemanGroup, an Oklahoma operated company with its roots in creative expression.

Knight, a member of the Pueblo of Laguna, New Mexico, is Executive Director of the Association of American Indian Physicians where she has worked since 1988. She is active in the Oklahoma City Indian community serving in a number of leadership capacities.

Murray, a member of the Chickasaw Nation of Oklahoma, is a partner in Hatbrand Development Group which owns the local Handyman Matters franchise in Oklahoma City. He grew up in Oklahoma City, attending local schools and graduating from the University of Oklahoma. For more than 30 years, the 501 (c) 3 nonprofit Red Earth, Inc has been dedicated to its mission to promote the rich traditions of American Indian arts and cultures through education, a premier festival, museum and fine art markets. The organization is recognized as the region's premier organization for advancing the understanding and continuation of Native American traditional and contemporary culture and arts.

The Red Earth Museum, located in downtown Oklahoma City, hosts a diverse and changing schedule of art and historical exhibitions and is custodian of a permanent collection of more than 1,400 items of fine art, pottery, basketry, textiles and beadwork.

EVERY CHILD MATTERS
A Community Committed!
Come for Dinner. Stay for Conversation.
COMMUNITY CONVERSATION:
"Closing the Achievement Gaps"
Monday, December 6, 2010
5:30-8:30PM
Lucas Hall @ Etta Dale School
601 S. Choctaw
El Reno, OK
Registration @ 5:00PM
Dinner provided at 5:30pm. Conversation begins at 6pm.
Stay to win door prizes! Free child care available.
Join us in getting the Native voice out for our community conversation about closing the achievement gaps.
Sponsored by the Cheyenne and Arapaho Tribes Department of Education,
El Reno Public Schools, Oklahoma Education Association,
and National Education Association.


R.E.S.P.E.C.T. PROGRAM
YOUTH ACTIVITY
DECEMBER 22, 2010
SNOW TUBING
Inviting Tribal Youth grades 4 through 8. Transportation and Lunch will be provided. Schedule to be announced.
The activity will take place at the Redhawks Ballpark on 2 South Mickey Mantle Drive in Oklahoma City-Bricktown.
2:00 P.M. TO 4:00 P.M.
For more information, please call 1.800.247.4612 Ext. 27570 or 27585.

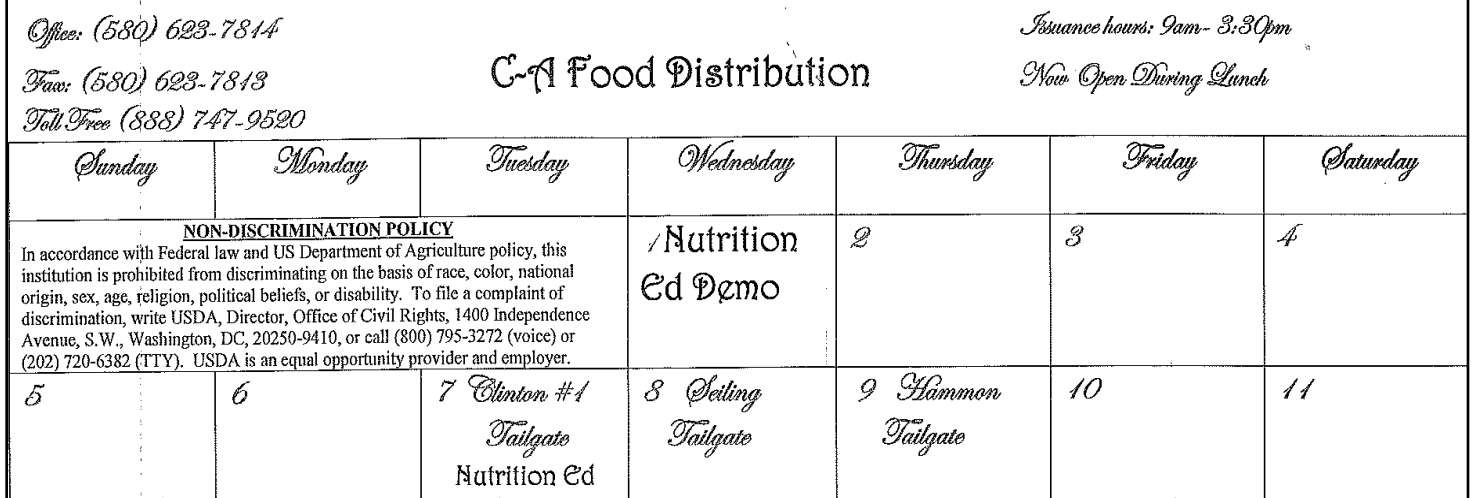
December 2010

Troy Littleraven: Director
Office: (580) 623-7814
Fax: (580) 623-7813
Toll Free (888) 747-9520

Office Hours: Mon. - Fri 8am-3:30pm
Issuance hours: 9am- 3:30pm
Now Open During Lunch

C-A Food Distribution

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NON-DISCRIMINATION POLICY In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, DC, 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.			1 Nutrition Ed Demo	2	3	4
5	6	7 Clinton #1 Tailgate Nutrition Ed Demo	8 Seiling Tailgate	9 Hammon Tailgate	10	11
12	13	14 Clinton #2 Tailgate	15	16 Elk City Tailgate	17	18
19	20	21 Nutrition Ed Demo	22 Nutrition Ed Demo	23	24 CLOSED	25
26	27	28	29 LAST DAY TO PICK-UP FOR 2010	30 CLOSED FOR INVENTORY	31 CLOSED FOR INVENTORY	



Cheyenne and Arapaho Tribal College offers four Academic Degree Programs. Associate of Science in Tribal Administration, Associate of Science in American Indian Studies, Associate of Science in General Education and Associate of Science in Children's Teacher.

Section	Course Title	Day	Time
4806	Cheyenne Language II	MW	5:15-7 p.m.
4803	Arapaho Language II	ARR	ARR
4807	American Indian Belief Systems	M	5:15-7:40 p.m.
4808	American Indians Today	T	5:15-7:40 p.m.
4809	Sem: American Indian Women	T	5:15-7 p.m.
4801	Art History Plains Indian	MW	12:30-1:50 p.m.
4810	Literature of the American Indian	W	5:15-7:40 p.m.
4811	Tribal Government II	R	5:15-7:40 p.m.
4812	Office of Management and Budget Circulars	T	5:15-7:40 p.m.
4802	Advance C&A Constitution	F	3:30-6 p.m.
4804	Video Story Telling	ARR	ARR

R.E.Sp.E.C.T. Program Community Christmas Activities 2010

BINGO
CANDY SACKS
SNACKS - PUNCH - COOKIES
GIFTS FROM THE NORTH POLE

Inviting Cheyenne & Arapaho Tribal Youth

Seiling & Woodward - Seiling Community Center - 500 W. Sixth Street
DECEMBER 2 6:00 P.M. - C1 Holiday Dinner
Hammon & Elk City - Hammon Community Building
DECEMBER 2 6:00 P.M.
Kingfisher - Sniders Restaurant
DECEMBER 6 6:00 P.M.
Weatherford & Thomas - Location TBA
DECEMBER 7 6:00 P.M.
Clinton - Respect Gymnasium
DECEMBER 10 6:00 P.M.
Concho - Community Building
DECEMBER 13 6:00 P.M.
Canton - High School Bandroom
DECEMBER 14 6:00 P.M.
Geary & Calumet - Geary Community Building
DECEMBER 15 6:00 P.M.
Watonga & Longdale - Community Building
DECEMBER 16 6:00 P.M. - C1 Holiday Dinner
Oklahoma City - Clarion Hotel Convention Center - 737 S. Meridian Ave.
DECEMBER 20 6:00 P.M.

For more information,
Please contact the R.E.Sp.E.C.T. Program at 1.800.247.4612 Ext. 27570, 27585 or 32601

The Domestic Violence program services Canadian, Kingfisher, Blaine, Dewey, Custer, Washita, Beckham and Roger Mills counties.

Women Are Sacred

The Cheyenne and Arapaho tribes Domestic Violence Program provides

Counseling for Native American women, including the elderly, who have been involved in domestic abuse, sexual assault or stalking.

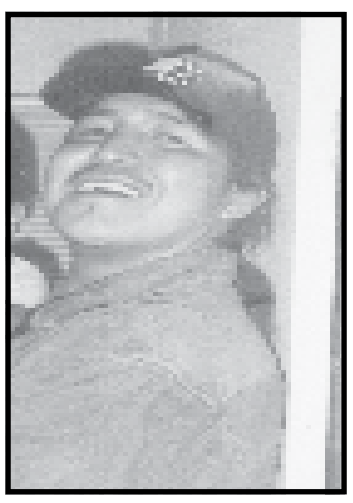
Advocacy in obtaining victim's protective orders and referrals to agencies that may be of assistance to them.

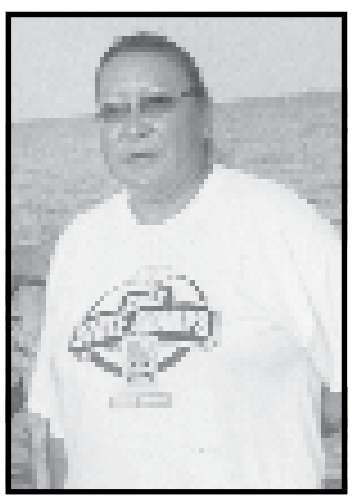
Support for clients and their families while in crisis.

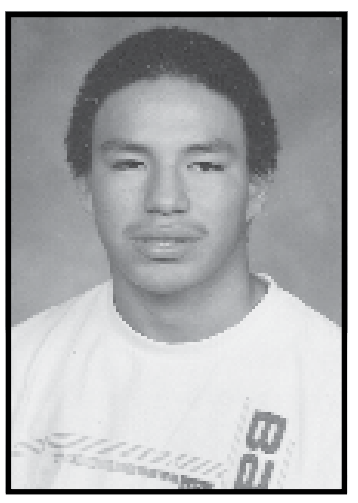
For more information or help call (405) 422-7692-office or toll free (800) 247-0345 ext. 27692

This project is supported by Grant No.2209-TW-AX-0039 awarded by the Office on Violence Against Women, U.S. Department of Justice

HAPPY BIRTHDAY







Happy Birthday
Baby!!

Happy Birthday
My boo!
Love daddy

I would just like it say,
Situations-Situations!
Happy Birthday
"Big Perm" Chris Hawk
love, G.

Happy Birthday
Dara Lynn
My ole my how time flies.
From your brothers
Tonto and Paul

Happy Birthday
little brother
Love your brothers

Happy Birthday
Raini Howlingwater
Nov. 25
You have grown up so beautiful, we are very proud of our 14 year old!

Happy Birthday
Emma Howlingwater
Nov. 13
Our beautiful daughter is growing up so fast.

Happy Belated Birthday
Khaelynn Whiteman
Hope your Birthday was fun and brought you what you wanted.
Lots of love, mom, Jamie, your brother and sisters, gramma Micki, aunties and uncles, cousins.

Happy Belated Birthday
Sierra Dawn Pate
Big 14…woot woot!!!
You are as beautiful as the day you were born.
Love your, momma, daddy, little sister Gracie, and aunt Becky

Thomas Morado
"Wubbie'
Happy 8th Birthday
We love you!
Auntie Tara,uncle Bob, grandma Leta and grandpa Joe Waters

Taryn "Soncee" Waters
Happy 19th Birthday
We love you!
Auntie Tara, uncle Bob, grandma Leta and grandpa Joe Waters

We would like to wish a very Happy Birthday to Tanner Bryce.
We are so proud of you.
You played great this football season, and we look forward to watching you on the basketball court.
We love you completely from Mom and Madi, Miguel and Lydia, Grandma Nae, your aunts, and uncles, and cousins, and the rest of the family.

Miss seeing you around. Hope it was a good one.
Love always all your family in Concho & El Reno!!

Happy Belated 1st Birthday
Clara Edith Faye Ellis
Nov. 24
Love mommy, daddy, me-ma, pa-pa, Uncle Zac, uncle Steven, auntie Georgia, uncle Basil, uncle Frank, and all your little cousins...may the good Lord Bless you!!!

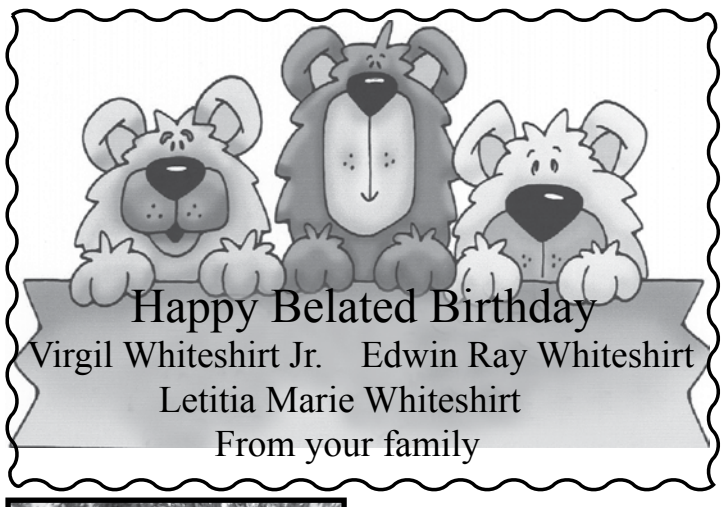
Happy Birthday
PFC. Zechariah S. Rice
Nov. 29

We are all wishing you a Happy Belated Birthday!
Congrats on passing your test, now you're a NREMT in the U.S. Army National Guard.
We all miss you Zac and can't wait until we see you again!
Lots of love, mom, dad Georgia, Basil, Marley, Jacob, Jonah, Illianna, Frank, Amy, Kaylee, Andrew, Jada, Elise, Noah, Clara, Steven, Margaret and family, Malaina and family,Anissa and family, and the rest of the White family

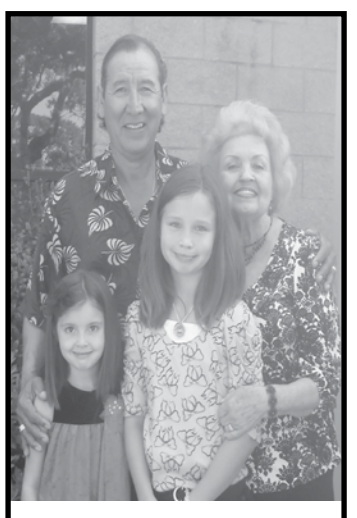
Happy Belated Birthday
To my beautiful sisters Tracy Waters and Tia Waters
Love you both
lots Tara

Happy 4th Birthday
Maxwell Blake Solansky
"Maxx"
Nov. 13

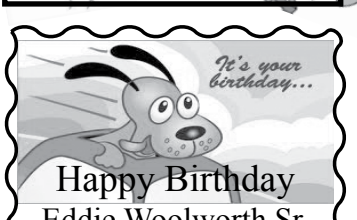
Happy 5th Birthday
Elena Marie Quezada
And many mote to come!
With lots of love on your special day!
December Angel
Love you from Morning Dove and Mama Marion



Happy 4th Birthday to our Princess
Gracie Sue Pedro
We are thankful God gave you to us!
Love your family,
Mommy, daddy, bubbies, Caca and Jaycie



Happy Birthday David Joe Kaw from the loves of your life Peach, Hannah and Kaitlyn.



Happy Birthday
Eddie Woolworth Sr.
Dec. 14
Love your mom, grandma, your son Eddie Jr and brothers

Happy 4th Birthday Marcella "Cella Bearz" Sankey Dec. 12
Watching you grow these last 4 years has been amazing and we love you very much.
Mommy Nina, daddy Chase, big brother Marcus Lee and your entire family.

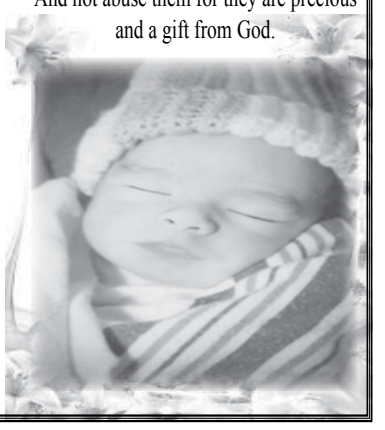
Happy 6th Birthday!
Nate Esai Jackson
Nov. 8
We love you, always.
From your grandma Lois and papa Ed Jackson-Dalton
Denver, Co.

Happy Birthday babe!!
Love you always.
Me, Leslie

Happy Birthday to
Our daddy Bubba Pedro
Dec. 5
Love your girls,
Crystal and Gracie

Oct. 29, 2010-Oct. 29, 2010
Littlewolf Littlehawk Hamilton
Weight 5lbs 4 ozs
18 inches long
Parents Rolana Littlehawk and Niehhi Hamilton
Brother's Niehhi II and Bi'Hi-Ya Hamilton
Laid to rest at Canton Cemetery
Next to his brother
NeeCee Keeven Hamilton
June 22, 2007-Sept. 09, 2007
Please forgive me God for not understanding
why you called my grandsons to Heaven.
I know he is with his brother now and will never have to know
any sorrow or pain.
Thank you for giving the Doctor the knowledge
and skills that she needed to save their mother's life.

I pray for all mothers that have lost their babies. That they will turn to God for their comfort and not drinking and drugs.
That all mothers will give their children love and kindness.
And not abuse them for they are precious and a gift from God.



Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag @c-a-tribes.org

Caseworker IIM
Social Services
Closing Date: Until Filled

QUALIFICATIONS:

Prefer bachelors degree in social work or related field preferred; or an equivalent combination of education and experience. Require two years of experience in professional related field and supervisory experience. Work flexible hours and willing to work after normal business hours. Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and the general public. Maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as other confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Must possess a current Oklahoma driver's license to operate a government owned vehicle. Prefer knowledge of Cheyenne and Arapaho/Native American cultures and values. Work with difficult clientele with various social problems and/or needs. Cheyenne and Arapaho preference.

SALARY: Negotiable

Laborer
Economic Development
Closing Date: Continuous

QUALIFICATIONS:

Ability to accept immediate employment. Ability to lift a minimum of 75 lbs. Ability and knowledge to operate light weight equipment. Must be physically fit to withstand various types of manual labor. Prefer knowledge of landscaping- planting flowers and shrubs. Must have stable work history, be dependable and conscientious. Must have knowledge in performing general repair duties. Must have painting experience. Must submit to a background check. Must have high school diploma or GED. Must have current driver's license.

SALARY: Negotiable

Data Entry Clerk
Treasury Dept.
Closing Date: Dec. 2, 2010

QUALIFICATIONS:

Ten key and key board proficient. Experience with microsoft office-, excel, word. Familiar with basic filing systems. Detail oriented with strong analytical skills. Able to organize projects and analyze information in order to complete projects. Both oral and written communication skills. Two years of accounting or bookkeeping experienceAccredited college hours in accounting.

SALARY: Negotiable

Nutrition Aide
Seasonal
Closing Date:Until Filled

QUALIFICATIONS:

Knowledge of basic food preparation and sanitation. Ability to work independently with little or no supervision. Ability to communicate effectively with clients and community groups. Ability to write effectively and complete reports in a timely manner. Knowledge of basic computer software. Must be over 18 years of age. Must have high school diploma or equivalence. Must have a valid state driver's license. Prefer degree in a related field or equivalence of combined health and nutrition experience. Cheyenne and Arapaho preference.

SALARY: Negotiable

CHR-Temporary
Seiling, Okla. Area
Closing Date: Until filled

QUALIFICATIONS:

Cheyenne or Arapaho tribal member preferred. Have EMT, medical assistant, CMA, or CNA experience. Have current CPR certification. Valid Oklahoma state driver's license and be insurable under the tribe's insurance. Must reside in service area. Must pass a physical and be in good physical condition. Must pass basic CHR training and first responder training within one year. Travel required in duties. Submit program PCC and mileage/maintenance on a weekly basis. Maintain GSA vehicle responsibility. Must pass OSBI background check. Must have minimum of high school diploma or G.E.D. Must have own reliable vehicle and residential telephone. Must be able to work outside of normal working hours as needed. Other duties as assigned.

SALARY: Negotiable

Staff Accountant
Tax Commission Office
Closing Date: Dec. 2, 2010

QUALIFICATIONS:

Knowledge of accounting principles and of tribal accounting principles desired. Skill with both spreadsheet and word processing programs. Experience with fund accounting software packages. Able to organize projects and analyze information in order to complete assigned projects. Communication skills including both oral and written. Detailed oriented with strong analytical skills. Performs other related work as required or assigned. Bachelor's degree in accounting with a minimum of two years of professional accounting experience preferred. An equivalent of education and experience of tribal Accounting of four or more years may be substituted.

SALARY: Negotiable

Fence Crew/Laborer
Economic Development
Closing Date:Continuous

QUALIFICATIONS:

Dependable, physically fit and able to lift a minimum of 75 lbs. or more. Knowledgeable in operating farm equipment. Willing to work until daily tasks are completed. Must be able to work on an on-call basis. High school diploma or GED required and valid Oklahoma driver's license.

SALARY: Negotiable

Staff Accountant
Per Capita Office
Closing Date: Dec. 2, 2010

QUALIFICATIONS:

Associate's degree in accounting, with minimum of two years of professional accounting experience. An equivalent of education and experience of tribal accounting of two or more years may be substituted.

SALARY: Negotiable

Child Protection Worker
Social Services
Closing Date: Until Filled

QUALIFICATIONS:

General knowledge of the principles, concepts and methodologies of working with this type of population. Prefer bachelor's degree in related field that affords the employee with the general knowledge required above. Will accept a combination of education and related experience. Knowledge of various laws, regulations and procedures including the Indian Child Welfare Act and the CFR Court procedures in order to effectively provide services to clients. Knowledge of tribal and community resources to refer clients to the most appropriate source of assistance. Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and the general public. Ability to maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as other confidentiality regulations. OSBI and criminal background check required. Must possess a current Oklahoma driver's license to operate a government owned vehicle. Prefer knowledge of Cheyenne and Arapaho/Native American cultures and values. Ability to work with difficult clientele with various social problems and/or needs. Cheyenne and Arapaho tribal preference applies.

SALARY: Negotiable

Optometry Technician
Diabetes Wellness Program
Closing Date: Until filled

QUALIFICATIONS:

Knowledge of the principles of organization and management practices, diabetes-related disease processes, organizing and developing reports effectively, computer literate in work processing, Internet and data processing methods. Ability to meet CPR, and basic first aid certification requirements. Knowledge of the specific needs of Native American clients at risk and/or living with complications associated with diabetes and/or cardiovascular disease. Experience preferred but not required. Willing to learn and prepare for certification within six months of starting position. Must possess a valid Oklahoma driver's license. Written proficiency a must. Must be able to lift 50 lbs. Must be willing and able to work outside of normal work hours.

SALARY: Negotiable

Assistant Director
R.E.Sp.E.C.T.
Closing Date: Until Filled

QUALIFICATIONS:

Must possess a high school diploma/GED; AA degree preferred or four years of work experience in related field or its equivalent; must be willing to further education (associates or bachelors degree); must receive and maintain CPR/First Aid Certifications; knowledgeable about the Cheyenne and Arapaho people, communities, traditions, culture and customs; possess a valid Oklahoma Driver's license; TERO applies (Cheyenne and Arapaho Tribal Preference); and must pass a background check.

SALARY: Negotiable

Subscribe to the Cheyenne and Arapaho Tribal Tribune
$35/year
Call (405) 422-7446 or (405) 422-7608

Thank you

The Native American Church Women's Auxiliary and Cheyenne Chapter 1 would like to thank all of those that came out to show their support at the Nov. 20, 2010 benefit dance. We would also like to send out a hearty Ah Ho to Cheyenne District 1 Legislator Bruce Whiteman and Cheyenne District 2 Legislator Clifton Ellis for their donations.

Thank you

Governor Boswell,

Thank you for the wreath you provided for the Veteran's Memorial on behalf of all the veterans on that day. This wall was a Cheyenne Warrior's dream. It was through his vision, the wall became a reality. Darrell Flyingman saw to it that the memorial became a reality for all Cheyenne and Arapaho warriors, men and women veterans.

Vice commander, Michael Leader, a veteran and a member of the Legion, Post 401, had the honor of placing the wreath at the monument. As he walked to place the wreath, he seemed to be praying. Thank you, Michael, my friend, on behalf of all the veterans.

I Doty say, Ah-ho Gov. Boswell
WWII Veteran Warrior
Doty Lumpmouth

In Loving Memory

Robert (Hillboy) Hill
Jan. 21, 1941-Nov. 1, 2010

The family of Robert would like to acknowledge all the prayers, love and kindness shown to them during their time of sorrow.

Robert was preceded in death by both parents: Charles Hill and Pearl Lefthand,sister Billie Magpie,brother Jerry Lefthand Hill, grandparents Rudolph and Lizzie Lefthand, great-grandparents Maternal: Noxey and Jock BullBear; Paternal: Lefthand and Singing-Woman.

He is survived by his sister Eleanor E.K. Lefthand Bianchi

Thank you to the Cheyenne and Arapaho enrollment staff and to the Elder Care program, Lt. Governor Leslie Harjo and our Clinton family members. Pastors Delfred WhiteCrow and Richard Canoe. Eleanor WhiteCrow for words from the heart.

May God truly Bless each and every one of you.

FOOD DISTRIBUTION
NEW PHONE NUMBERS

Main: (405) 422-7873
Fax: (405) 422-8261
Toll Free: (888) 747-9520

Troy Little Raven, Director
(405) 422-7869
Warehouse Techs
(405) 422-7870
Angeline Sankey, Certification Clerk
(405) 422-7871
Ricque Richardson, Certification Clerk
(405) 422-7872
Phyllis Blackbear, Supervisor/Nutrition
(405) 422-7873

PUBLIC NOTICE-DEPARTMENT OF PER CAPITA

ADULT CHANGE OF ADDRESS
W-9
MINOR CUSTODY AFFIDAVIT

Forms must be COMPLETE, NOTARIZED and RECEIVED in the Per Capita office by the ***DEADLINE DATE of Dec. 3, 2010***.

ALL FORMS ARE AVAILABLE:

In the Enrollment or Per Capita offices OR on the Website at www.c-a-tribes.org.

Tribal members may also call and request forms to be mailed to them. Contact Tonah Yarholar at (405) 422-7725 or by email at tyarholar@c-a-tribes.org or Sunny Wilson at (405) 422-7614 or by email at swilson@c-a-tribes.org.

Notice to all Veterans

All veterans who died on or after Nov. 1, 1990 and whose grave is marked with a privately purchased headstone or marker are eligible for the medallion. The veteran's next of kin or those acting on the veteran's behalf for the medallion, bronze medallion. After accepting a claim for the medallion VA will mail it along with a kit that allows the family or the staff of a private cemetery to adhere the device to a headstone, marker or niche cover.

Veterans or family members interested in applying for the medallion can access www.cem.va.gov/hm_hm.asp. Until a new form specifically for ordering the medallion is available, VA says applicants can use the form for ordering government headstone and markers, VA Form 40-1330.

VA created the medallion in accordance with Public Law 110-157, enacted on Dec. 26, 2007 which directed VA to "furnish, upon request, a medallion or other device of a design determined by the Secretary to signify the deceased's status as a veteran, to be attached to a headstone or marker furnished at private expense."

Eligible veterans are entitled to a traditional government furnished headstone, marker or bronze niche marker or they can choose the new medallion.

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Oklahoma City
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Georgia McGee
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Salon 405.943.1819
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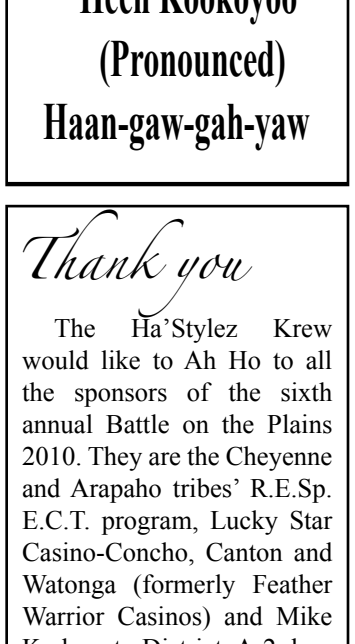
Hinóno'eitíit
Arapaho language
"Word of the Day"

Rectangle
Heen Kookoyoo'
(Pronounced)
Haan-gaw-gah-yaw

Thank you

The Ha'Stylez Krew would like to Ah Ho to all the sponsors of the sixth annual Battle on the Plains 2010. They are the Cheyenne and Arapaho tribes' R.E.Sp.E.C.T. program, Lucky Star Casino-Concho, Canton and Watonga (formerly Feather Warrior Casinos) and Mike Kodaseet, District A-2 legislator.

We had a positive vibe, positive feedback and everyone in attendance really enjoyed themselves. Without your continued support this anticipated event would be not possible.



Transition Coalition Mentorship Mission Statement

The mentoring program of the Cheyenne and Arapaho Tribes in collaboration with the El Reno Public Schools promotes academic achievement, personal growth, and cultural knowledge for all middle and high school Indian students. The program matches an adult male or female with an Indian youth to offer encouragement, support, guidance, friendship, and a positive role model. For more information call the Department of Education at (405) 422-7568.

Department of Enrollment

ADDRESS CHANGES

As most tribal members may have personally experienced, there were some HUGE issues with incorrect addresses on the gaming revenue per capita checks. The Department of Enrollment would like to apologize for this problem and assure tribal members of our diligence in attempting to remedy what has become a colossal task.

For over two years, Per Capita has had absolute control of address changes for tribal members. Early in the year, the new analysts in Per Capita decided it would be fitting for Enrollment to have this same information. Oblivious to the task they were undertaking, Enrollment attempted to encode information from over 12,000 tribal members from Per Capita's database to that of our own. Unfortunately, not everyone was able to be updated and a report was generated from our database (with some addresses updated and others not). Enrollment is continuing to share information with Per Capita to ensure our respective program information corresponds with each other.

Until a way to centralize information is obtained, this will continue to be an issue when navigating from program to program at the tribe; but until then—please submit address changes for per cap payments with the Department of Enrollment. You can use the website to access the Change of Address form and W-9—both will be forwarded to Per Capita. Please feel free to visit our office for the forms, as well. Keep in mind this information might not be shared with other programs you may utilize. If you move, please inform all the programs you use at the tribe, including the Tribal Tribune so you can be kept informed of current events.

CHEYENNE AND ARAPAHO TRIBES CELEBRATE VETERANS

NOV. 10, 2010 IN CONCHO, OKLA.

Photos by Rosemary Stephens and Rebecka Lyman

CATC CORNER

A student tribute

Submitted by Oveta Lira

The CATC community would like to recognize Ms. Loni Prairie Chief for her generous donation of three new books for the CATC library. The titles of the books and authors are *In the Courts of the Conqueror*:*The 10 Worst Indian Law Cases Ever Decided* by Walter R. Echo-Hawk, *Battlefields and Burial Grounds: The Indian Struggle to Protect Ancestral Graves in the United States* by Roger C. Echo-Hawk and Walter R. Echo-Hawk, and *Jim Thorpe-Athlete of the Century-A Pictorial Biography* by Robert L. Whiteman

Prairie Chief is an enrolled member of the Cheyenne Tribe and half Cherokee. She is a full time student at the tribal college, taking 14 hours the 2010 fall semester. She is a single mother of five children and she also works part-time as secretary at the Cheyenne and Arapaho Substance Abuse Program at the George Hawkins Memorial Treatment Center in Clinton, Okla. In addition, she is a member of the SWOSU/CATC Native American/H.O.P.E. (Honoring Our People's Existence) Club and has previously served as secretary and the H.O.P.E. Club's Student Government Association representative for the 2009-10 semester.

Prairie Chief attended a presentation by Mr. Walter Echo-Hawk at the Oklahoma Heritage Museum in Oklahoma City September 2010. She also attended the Oct. 28, 2010 evening program, Jim Thorpe: The Enduring Legacy of the World's Greatest Athlete at the Jim Thorpe Museum/Oklahoma Sports Hall of Fame, also in Oklahoma City.

Prairie Chief is a contemporary example of the generosity of spirit that characterizes the life ways of the Cheyenne and the Arapaho people. She truly epitomizes the custom of the "giveaway" which is a tradition of her ancestors. The Cheyenne and Arapaho Tribal College is honored and privileged to have Ms. Loni Prairie Chief as one of it's students.

Paid Advertising by the U.S. Department of Agriculture

If You Are a Native American Who Tried to Get a Farm Loan or Loan Servicing from the USDA,

You Could Receive Benefits from a $760 Million Class Action Settlement.

A class action Settlement with the United States Department of Agriculture ("USDA") has been reached. The lawsuit claimed the USDA discriminated against Native Americans who applied for or tried to apply for farm loans or loan servicing. The USDA denies it did anything wrong.

Am I included?

The Class includes all Native American farmers and ranchers who:
- Farmed or ranched or attempted to farm or ranch between January 1, 1981 and November 24, 1999;
- Tried to get a farm loan or loan servicing from the USDA during that period; **and**
- Complained about discrimination to the USDA either on their own or through a representative during the time period.

You are not eligible for this Settlement if you filed a claim, or intend to file a claim, in another USDA discrimination case like Pigford I or Pigford II (Black farmers), Garcia (Hispanic farmers) or Love (Women farmers).

Because of a law passed by Congress, you are also not eligible for this Settlement if you **either**:
- Experienced discrimination only between January 1 and November 23, 1997; **or**
- Complained of discrimination only between July 1 and November 23, 1997.

What does the Settlement provide?

The $760 million Settlement will pay cash to Class Members for valid claims as well as attorneys' fees (between 4% and 8%, subject to Court approval) and awards. The Settlement includes up to $80 million in USDA loan forgiveness for Class Members who qualify. The USDA will pay an additional $20 million to implement the Settlement and will make some changes to their farm loan programs. Any money left after all payments and expenses have been made will be donated to one or more organizations that help Native American farmers and ranchers.

What can I get from the Settlement?

The amount of money you will receive will depend on whether you file a claim under Track A or Track B. It will also depend on the total number of claims that are filed and approved.

Track A – You can get a payment up to $50,000 for your discrimination claim plus an additional 25% paid to the IRS to reduce any income tax you may owe.

Track B – You can get the amount of your actual damages up to $250,000. Track B requires more proof than Track A.

USDA Loan Forgiveness – Under both Track A and Track B you can get forgiveness on part or all of your eligible USDA farm loans plus an additional 25% paid to the IRS to reduce any income tax you may owe.

How do I get benefits?

You will need to file a claim by **December 24, 2011** to get benefits. After the Court approves the Settlement, meetings will be held across the country to help Class Members file claims. You can register for a Claims Package at the website or by calling the toll-free number.

What are my other rights?

- If you want to keep your right to sue the USDA about the claims in this Settlement, you must exclude yourself by **February 28, 2011**. Unless you exclude yourself, you will be bound by the terms of this Settlement.
- If you stay in the Settlement, you can object to or comment on it by **February 28, 2011**.

The Court will hold a hearing on **April 28, 2011** to consider whether to approve the Settlement and the attorneys' fees. The Court has appointed attorneys to represent the Class. You or your own lawyer may ask to appear and speak at the hearing at your own expense.

For More Information: 1-888-233-5506 www.IndianFarmClass.com

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